

# TALKING FAMILIES



Because parents don't get training for the toughest job on earth!

**MONDAYS**

**1st, 8th, 15th, 22nd, 29th June and  
6th July 2020**

**2.00pm - 3.00pm**



**Our FREE 6 week online course  
for parents and carers of children  
aged 0-12 will help you to:**

- **Manage challenging behaviour with consistency**
- **Encourage positive behaviour**
- **Build your child's self esteem**
- **Set and maintain boundaries**
- **Respond to tantrums and difficult feelings in children**

'It was a brilliant course and has made a huge difference'

'It has taught me new skills to deal with family life'

**AN ONLINE PARENTING  
COURSE DELIVERED TO  
YOUR HOME VIA ZOOM**



**Full details on how to  
access and use this  
will be given.**

**OPEN TO PARENTS AND  
CARERS ACROSS  
HERTFORDSHIRE**

**Pre-booking essential**

**To check eligibility and book a place,  
contact Supporting Links on:**

**07512 709556**

**[bookings@supportinglinks.co.uk](mailto:bookings@supportinglinks.co.uk)**

**[www.supportinglinks.co.uk](http://www.supportinglinks.co.uk)**

**QUOTING REFERENCE SL379**



This course is provided free to parents  
by Hertfordshire County Council